

WALK *Across* Tennessee



From Memphis to Bristol = 517 miles
 | 40 from side to side = 455 miles

To walk 517 miles, each team member must walk 11 miles per week for 8 weeks.
To walk 455 miles, each team member must walk 9.5 miles per week for 8 weeks.

Maury County is 32 miles wide.

Individuals will have to walk 4 miles per week for 8 weeks to Walk Across Maury County.

- Memphis to Jackson = 89 miles
- Memphis to Nashville = 218 miles
- Memphis to Cookeville = 298 miles
- Memphis to Knoxville = 402 miles
- Memphis to Bristol = 517 miles

Healthier Maury County

